

Personal/Professional Boundaries workshop

Online training

*This is an education session for people practicing as social workers, counsellors, AOD Practitioners, nurses, psychologists, peer support and lived experience workers.

Expected outcome of your participation is to:

- Understand your own personal/professional boundaries.
- To build your confidence in communicating and maintaining appropriate boundaries.

Content:

- What are boundaries?
- Self-reflection on our own boundaries.
- How do I communicate my boundaries?
- How do we know our boundaries are being challenged/overstepped?
- What do we do if they are challenged/overstepped?
- Discussions on self-disclosure/dual relationships/confidentiality.
- How does self-care relate to good boundaries?

This will be an interactive online session that will involve information provision, discussions, and self-reflection.

Participants will be emailed a worksheet prior to the day, and will receive a full copy of the slides after the day.

Friday 14th March, 2025

9 am till 3.00 pm

Cost: \$130 (not inc GST)

Zoom link to be sent once payment has been received

To register contact Steve via email or phone for a registration link.

Steve Staunton is a Registered Social Worker and Accredited DAPAANZ Practitioner and Supervisor with 15 years of experience conducting various trainings for addiction and mental health practitioners in both DHB and NGO settings. Steve also practices as a group facilitator/trainer/supervisor and counsellor based in Whangarei.

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